

Goodyers End Primary School

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Dear Parents/Carers

PSHE - Protective Behaviours

We will shortly be focusing on a PSHE topic in school called 'Protective Behaviours'. This programme is followed by every year group in the school and is age appropriate.

The programme includes for KS1:

- Feelings; good and bad feelings and how we show this e.g. facial expressions, body language
- Unsafe feelings and body awareness; parts of the body that change if we feel unsafe e.g. early warning signs
- Body privacy and secrets; body part names and those we cover up. Difference between secrets we can tell grown-ups.
- Telling/Networks; adults we trust

Key messages:

- We all have the right to feel safe all of the time
- If we don't feel safe we get our Early Warning Signs
- It is important to listen to our Early Warning Signs and do something that will help them go away
- We can tell our network people about anything, even if it is a secret
- It is important to keep telling until we feel safe again

If you have any questions or queries please come and speak with me.

Yours faithfully

Miss T Watts Year 2/Phase Leader











